

Coventry Northbrook 10km



Road Race - 10.15 am Children's 2km Fun Run - 9.30 am Sunday 18th April 2010



Traffic Free Courses



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Official build up race for Coventry Half Marathon on May 23rd
Concessionary entry if entered jointly. See <http://www.coventryhalf.com>

Charities Sponsored in 2010: Macmillan Cancer Support and 1st Coventry (Allesley) Scout Hut Appeal Fund.

£1.00 minimum per 10km entry will be donated to Macmillan Cancer Support

The 10km race is a one lap course on undulating, rural, traffic free roads.

Race HQ and START: Jaguar Sports and Social Club, Browns Lane, Coventry (Registration, Changing, Showers, Toilets and refreshments)

Parking: Large offroad parking area close to Race HQ and Start/Finish



Categories and Prizes

Medal for children completing the fun run.

T-shirt to all 10km finishers.

- Female: SF, F35, F45, F55 and 1st Club Team prize (3 to count)
- Male: SM, M35, M45, M55 and 1st Club Team prize (4 to count)

Permit Applied for



Race Conditions:

1. The Race will be run under the UK Athletics (UKA) Rules. All instructions issued for the safety of the runners and others must be complied with.
2. Entries will be accepted on the day (up to 9.00 am children's run, 9.45 am 10km race) providing the race limit of 800 has not been exceeded.
3. You must be 15 years or over, on race day, to compete in the 10km Road Race.
4. Fun run - All children under 9 must be accompanied by an adult.
5. The closure date for the Postal entries is the Saturday 10th April 2010, those received after will be ready for collection on the day of the race.
6. Please make cheques payable to "Northbrook AC". Send the completed entry form, with payment, and a C5 sized SAE to:
Race Secretary Northbrook 10km, 83 Hollyfast Road, Coundon, Coventry CV6 2AE
7. Time Limit - authority for road closures lapses at 12.00pm when marshals will be withdrawn and you will no longer be insured.
8. Images - by entering the race you give permission for the free use of your name, voice and picture in any record or promotion of this event.

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First Name: _____ Surname: _____ Male / Female _____ Date of Birth _____

Age on day of race: _____ UKA Club (not a member write "unattached") _____ Comp Licence No: _____

Address: _____ Post Code: _____

Phone Number: _____ Email address: _____ Can be passed onto sponsors? **YES / NO**

Information provided will be used solely for purposes of our events and, with permission, those of our commercial sponsors.

Declaration: Please enter me for this event for which I enclose the appropriate fee. I agree to abide by the "Conditions" above. I participate in this event entirely at my own risk and agree that the organisers will not be held responsible for any injury, accident, loss or damage consequential to my participation in this event. I am an amateur as defined by UKA rules.

Signature (Parent / Guardian for fun run) _____ Date: _____

Entry Fees: UKA Club members : £7.00, Unattached £9.00 (All £10.00 on day) £ _____

With Coventry Half Entry code : £5.00 " £7.00 £ _____

Children's Fun Run £2.50 £ _____

Optional Additional Donation to Macmillan Cancer Support £ _____

Total enclosed £ _____

Enter unique Coventry Half Marathon Discount Code

Official use only
Category:

Number: